



Himalayan Yoga Tradition Further Studies Reading List

- 1) **God** by Swami Veda Bharati.
- 2) **Enlightenment Without God** by Swami Rama.
- 3) **Yogi in the Lab** by Swami Veda Bharati.
- 4) **Kundalini, Stilled or Stirred?** by Swami Veda Bharati.
- 5) **Song of the Lord** by Swami Veda Bharati.
- 6) **Mahabharata's Bhishma: Death Your Servant** by Swami Veda Bharati.
- 7) **Song of the Lord** by Swami Veda Bharati.
- 8) **Silence Vol 1, Vol 2** (and others) by Swami Veda Bharati.
- 9) **Sadhana in Applied Spirituality** by Swami Veda Bharati.
- 10) **The Yoga Sutras of Patanjali with the Exposition of Vyasa: A Translation and Commentary Vol 1 and 2** by Swami Veda Bharati.

(You can find these and other books as well as audio lectures and guided practices at Himalayan Yoga Publications Trust: www.yogapublications.org)